

El Portal del Cel is a fixed attention on the Light!

February 9, 2008

It's a well rehearsed script...

Yeah, it's a well rehearsed script, because it comes from the completion, yeah?

It comes from: before it begins and after it's ended.

And everything that occurs, occurs within the context of the beginning and the ending.

The dream has a happy ending!

Or there would be no incentive to awaken.

But happiness can only be found in one place.

This place, this frequency! It's a frequency, it's a transition point! Yeah?

And happiness is inherent, is an inherent element of that frequency.

So when you are perfectly happy, all of the time, the dream is over!

...It's nice to be heard.

The old man: You exit laughing.

If you are unhappy, you are wrong!

If you are unhappy, you are sinful!

God's will for me is what?

Perfectly happy: all of the time.

The strange behavior of the world is that you feel guilty about being happy.

That's why it's crazy.

This place is insane because you feel guilty about being happy. Yeah.

Not anymore. We are leaving here, yeah? You've already expressed that desire.

You've already demonstrated the determination to awaken, or you wouldn't be here at this frequency with me.

Thank you for joining me, thank you for extending this frequency, thank you for demonstrating this frequency!

I am not a victim of the world I see.

I am in fact, it's cause.

Absolutely and all together!

And we are going to join now, in one final instant, one final dream.

A dream which is inherently: happy.

“But, I’m beginning to tense up, yeah, there’s a tension in my belly, I’m beginning to feel a tension, sort of like a contraction” Yes, yeah? Do you feel it? What is it?

Tension is attention!

Tension is attention.

It’s already too late. You’re attention is there or you wouldn’t be feeling tension.

I’m gonna offer you an alternative.

I’m not a body I’m free .Where’s your attention now?

I’m not a body I’m free.

Can you feel your attention? It’s shifting. It shifts right about here. So the contraction is gone, why, because your attention isn’t there. Your attention is here (above the head). You see how it works, you see how it works?

This is how you increase frequency. What is it you are attending to, where is your attention?

If you keep knocking I’m gonna say: fix it on the Light! Is what we’ve been teaching.

Fix your attention on the Light!

What’s *El Portal del Cel*? A fixed attention on the Light! That’s what *El Portal del Cel* is. Yes, it is only that.

Call it a frequency of transition if you like, call it an ashram, all meaningless.

It’s going to be a location where attention is fixed on the Light!

The Light that, Jesus would say, shines beyond in perfect constancy.

So, your attention is outside the frame, outside the body identity.

You don’t have time to be sick!

You don’t’ have time to be tense!

You are not contained, you are out of time!

Did you see that? That will be your happy dream.

You are happy when you recognize that you are not contained.

That comes, as a realization.

And I’m offering it to you now as a realization.

You are happy when you realize when you remember that you are not contained. You are free!

I’m not a body, I’m free.

Yes? Yes.... yes.

From there, if you practice letting go, the mind ascends naturally, without effort on your part.

That’s called: the descent of Grace!

As Grace descends, your attention ascends! Yes.

That’s what’s being offered you right now!

I’m not a body I’m free.

I’m not a body I’m free.

When your attention is no longer contained, it rises naturally, it ascends naturally to the

natural state.
The doors are open.
Can you hear it?
Can you feel it? Are you feeling it?

All right...

Together: I'm not a body I'm free.

I'm not a body I'm free.
Father...

Father I'm dependent on you to show me the truth of these words

I'm not a body I'm free.

Chris, can you help me a little bit?

I'm not a body I'm free

And so, are my brothers free.

You are not a body you are free!

Minds communicate!

Is everyone ok?

Thank you thank you thank you
Thank you for joining me ... in His name.

You are telling a story. Everyone is telling a story.
That's what a dream is! It's a story.
You are telling a story of how you remembered God!
Keep it simple. This is what it looks like.

If your attention is on God, you will pass through this frequency.
Can you hear it that way?
Good.

I'm just here saying: Keep going! Keep going ... don't stop! There's nothing here.
Keep going!
Can you hear that?

I'm guiding you home. There's nothing here!

Trust the process ... trust God ... and the way will open.

Good...

Father...

We are gathered here in Your Name!

We don't know the way to you but you remember... and we'll remain open until You answer!

Father...

This is the death of the body if you allow it to be.

These are your mighty companions.

Thank you

Is everyone ok?

I love you

... Jesus talks of your relationship or your association with your brother and he asks you to be aware of the gifts that he brings.

Each brother comes bearing gifts and when you see the gifts you see God! Do you see?

When you see the gifts that your brother comes bearing, you see God!

Your brother is the gift sent by God!

All you have to do, Jesus says, is learn to see them, to remove the debris. To remove: the obstacles to the awareness.

All right? That's the teaching of it.

It's one thing to speak of, and it's quite another to be in a continuing recognition!

Thank you, I couldn't have done it without you. I couldn't have done it without you!

Do you understand?

I'm speaking as the One self now!

I couldn't have done it without you! Your part was required, and you played it perfectly. And you are playing it perfectly.

You really don't need to change, nothing needs to change.

When you reside in the frequency, you see everything is exactly as it should be.

Nothing needs to change. Everything is given. And I get to be myself, yeah... Without guilt

That's love! Good. It's nice to be felt!

That is Love!

Love is you get to be yourself without guilt!

Ok, that's what this guy is a demonstration of: I'm being myself.

I'm getting to be myself, yes? I'm allowed to be myself because I am in service!

I'm allowed to be myself without guilt...

Jesus speaks of this directly- he says- when you allow the holy spirit to make the decisions for you, you are guiltless!

That's what's being offered to you ... you know?

I love you...

I love you just as you are!

You are not guilty. You are whole and perfect as created by God.

You are not what I made of you. You are not what you made of yourself.

You are as God created you!

You remember that enlightenment is a realization, yeah.

It's not something that you can work for...

It's a gift!

The light is in your brother!

There...

It's called enlightenment for everyone! Not for myself alone.

The light is in you! And, when I see it in you ... I see it in myself.

Now, this frequency is only identification with the Light! That's what it is.

When you enter in this frequency, you identify with the light.

In each other and therefore: in yourself.

Thank you...