

# Every form is a Form of Enjoyment, therefore unhappiness is a lie

**April 8th, 2009**

to gabriella:

I have been looking forward to seeing you, I really have.

"What do you mean... aren't you in my mind?" I mean I was looking forward to seeing you again.

I am glad you are here with me in this place.....It is really good to see you, it's like the first time. Every time I see you is like the first time.

I love you, that's what it means to be in love.

What does it mean to be..... every time I see you is like the first time.

I love you.....

This is a safe place to open your heart, it's been given you, you don't have to be afraid. You can love safely here...love is what you have been looking for. I can help you...I have been sent by God, I have been sent to offer you a safe context. That's why I am here! You can safely love me...it's ok. I won't judge you for it. Ana, that's what I mean... that's love. If you love me I won't judge you for it. I won't ask you why you are loving me. That is what judgment is!

Thank you.... Just keep it simple today. You have been given a function, Gabriela, you have been fulfilling a function...you know what it is, God knows what it is, and that's all that matters. In other words, be yourself. It is safe to be yourself here! Ok? No one is going to judge you for it.

Ana? It is safe to be yourself, no one is going to judge you, I already know what you are up to. I know perfectly well. I already know what you are doing, and I've made a decision to see only the light in you and I am teaching you to make the same decision, I don't care what you are doing, I don't care. I love you despite what you are doing, because I know you are not doing anything.

Who is doing it? I am. Guys, do you want to join me in Grace? I am doing everything.

Who am I? The only one there is! Guys, can you hear me a little bit? I am offering you a high frequency of self reference. Who am I? That is a perspective. It has nothing to do with individual identity. It has nothing to do with that. There is perspective where everything is singular, where you are not confused by anything, where you have accepted responsibility. I am offering you that perspective!

What is it called? Jesus, a Course in Miracles spiritology, call it anything you like. Who cares! It is not going to be a thing, it is going to be a perspective. Do you understand me? I am offering you that perspective. When you find that perspective you are fulfilling your function.. Can you hear me? I am not taking anything away from you, I love you, I wouldn't take anything away from you, I just want you to do it from the proper perspective....whatever you do!

Right, Ferran? That is all I am offering, you can call that alignment with the light if you like, I am ok with that. I Am the Light, align yourself with me, and you will be fulfilling your function. Who cares what you call it, I don't care!

What is my function? Healing, Inclusion, Love Light! I am fulfilling my function, you call it forgiveness, that is ok you can use that. It is a perspective, it's a way of seeing. Yes? What is the only way of seeing? Lylian?

Lylian: Above all else.

Above all else! It is the only way you are going to see anything. The only way you see anything is above all else. Exactly... that's my whole teaching. That is where you find yourself, you are looking right at it! It is all forgiveness.

I am responsible for what is arising...yes. Nothing has happened yet. Yes? Good.

Now from this point, call it the threshold, no one cares what you do, as long as you keep this perspective; in other words as long as you remember that you are the cause of it.

Spiritologists: Do you hear me? I don't care what you call yourselves, what the fuck do I care! I don't care. "I am going to call myself homosexual "..... Who the fuck cares what you call yourself, I don't care!

Guys there a lot of names for "nothingness" ...that is how you get to associate with nothing, you give it a name; I am a homosexual..... you are nothing. I am just showing you the insanity of the mind that insists on being nothing!

I am a spiritologist..... good, I understand why you want to be a spiritologist, good, but just remember who you are prior to the name, before you give it a name, you are that. Yes, exactly, that is my whole teaching. Good it is nice to be heard.

"I am going to find a house in the mountains and I am going to gather with all my beloved thoughts, we may even open a restaurant" ..... God saw what He had made and said: "It is good." Did you just hear me? You are the cause of this, you are not other than God, you are looking at your own creation and you are deeming it good.

Did you hear me what I said? You are doing it to yourself!

How does it feel, are you happy? It is your creation. Why aren't you happy? Take a step back and look at it... I am looking at it.... It is good.

Are you hearing me? Tell me you are hearing me, creator of the universe..... Who did you think you were? You thought it was someone else? You are the creator of this universe, You are God, of course you are! That is all there is, there is nothing else.

Everyone is God. Notice I didn't say everyone is a god, I said everyone is God. I am giving you your proper "status". Facebook users: what is your status? Your appropriate status is: DIVINE. Everyone go and write that on your facebook status; Divine....."Sure, everyone is divine." NO! Divine!

I know my status, I am perfectly aware of my status. What is my status? I am the cause of this; I am the creator of this universe. I am looking on it as that creator and I am deeming it; GOOD, it is good.

How do I know it is good? Because it is happy! Happy is a quality of good. Goodness has a quality called happiness. Are you ok with that?

Ana, this is for you now; when you look at that association, if it is good, it is happy. If it is not happy, it is evil. Period! You listen to me now... If you are not happy, you are evil, period. What does that mean? It means you are separated from happiness; and you are doing it to yourself!

Can you hear me? I am not talking to Ignacio, I am talking to you! There is not such thing as that. We are just looking at ideas. What is that idea? It is the idea of being separate from happiness.

That's a lie, my friend, no one is separated from happiness!  
Are you ready to take a stand with me and take your function?

Say to me: Un-happiness is a lie!

Say it to me: Unhappiness is a lie. Period, "periofuckingid"! is that a word? I just made it up... I am trying to stress the word period!

You guys think that you can compromise in this; You are not separate from God, and you can not compromise this! God is no compromise. Why? He is all there is!  
Are you going to hear A Course in Miracles, finally, once and for all?

Say to me: Truth is truth and nothing else is true.

Then why do you bull shit me and pretend that something else is true? I am a little tired of it, I don't think I want to hear it any more! Is that ok with you or you want me to justify your lie, if you are unhappy, you are doing it to yourself. If you are unhappy, you are evil....get the behind me. Yes or no?

I am just a little bit tired of seeing unhappiness justified, I am tired of it!

Unhappiness is a lie, and I need you to stand with me on this now. Ana, I am looking at you now, but I am looking at all of you... Mercedes; I need you to stand with me, I need you!

The first thing Jesus is going to say in the lesson, did you read it?, take a stand on God's side. He is going to say it! Yes or no?

Anyone practicing a Course in Miracles, or are you just pretending? Do you read it? Do you read the lesson? Ok.

What does the lesson say? You love the Old Man, but you don't like it when He appears with force. You want to hear Him listening to Opera, or you want to hear Him doing something gentle. You don't want to see Him when He drops in with "force", and He says; "What the fuck are you doing, what are you doing to yourself? Don't you know you are doing it to yourself? Why are you doing that? You could be happy, instead!"

What do I expect from you? I expect you to be happy! I expect you to be true, I expect you to deny unhappiness! I expect you to do that if you want to be here with me, only that! I am not asking you to do anything that you can't do naturally, by virtue of who you are. Why is it easy for you to be happy? Because you are happiness itself! Because you are that; that is what makes it easy! Find yourself and you will be happy! Ana, are you hearing me? This is all for you... find yourself and you would find happiness, it is the same thing. But I want a reflection of happiness.... I understand; find yourself first, and you will find a reflection of happiness! I am showing you the way out, Mercedes.

What is this place? It is reflection of your happiness. Yes or no? El Portal; what is it? It is a reflection of your happiness. If you can't find it here you will not be able to find it anywhere else! There will always be something...

Now, this is the place where you find happiness, it is a frequency. Why isn't everyone here with us?... Everyone is here with us, all the spiritologists of the world are here with us, of course! It is a frequency. It has nothing to do with the world. The world is an illusion. Nothing separates us! Gabriela, you know this, perfectly. There is nothing between us, nothing.

Wait a minute....we are going to place a thought between us and call it spiritology? I am not going to do that, I am not going to make a difference....I am looking right at Gabriela, and it is good. Did you hear me? I love you, I love you wholly, before time was....I trust you. Gabriela, do you see how much I trust you? You are a Mater Teacher. You can do this, you know what you are doing, you are going to be yourself. That is what God is. God is being yourself without guilt! That is my demonstration to you. All I did, Gabriela, is show you; you can be yourself without guilt! I don't care what anyone thinks of me. Anyone who thinks of me, will BE me.

I love you guys. Do you see how much I love you? I love you, I am really glad we are together, I am really happy we are together..... I love you, If you need me, just call on me; I will give you my attention. I am given you my attention right now... it is just healing; I am accepting responsibility for you. I am looking at you and I am saying; it is good.

I love you, I love you, this is my dream by the way. Listen to me: and I decide when it ends, ok? That has nothing to do with you, it has nothing to do with you...I decide when it ends. Your mind is as powerful as mine, Gabriela, and you decide when it ends! But there is only one appointed ending. It is the same for everyone. How does it end, how does it end? The world disappears. That is how it ends; it never was. I am just showing you where that transition point is. Where is it? It is in consciousness, it is right here. Do you need a picture of it? Ok. I understand, I'll give you a picture. Right now it looks like "El Portal". It is just a picture. It too will pass.....It too shall pass.

Everything born in time has an ending. Is that ok with you? You are getting close now. Do you see how close are? Is it ok that this dream ends? That is all; that is fulfilling your function. You

will be told exactly what to do, and you will join with me, and together we will bring about the end of dreaming, altogether!

Jesus teaches it in today's lesson: Even those unborn yet, will hear you today. I am leaving a light stream, just I am asking you to do with me?

Why did you need to come here, Mercedes? To help me leave a light stream! I am leaving a light stream for others to follow. Yes.

I am a way shower.

"I thought there were no others...."

Grow up, grow up, it is time to grow the fuck up and stop playing A Course in Miracles games. It is not like that.

You are here to serve! The only appropriate response is; Aye, Aye, Sir!

I love you guys, I love you guys, thanks for letting me be me.

This is the Commander Obama, or is it..... who knows!

Thanks guys!

Good, Ana, do you want to stay here with me? I'll help you, if you want to stay here, I'll help you stay here. If you want to go and fuck around in the physical some more.... I'll be here but I won't join you there. Is that ok with you? I am not going to join you if you are fucking around in the physical. I don't like it.... It's too small, its confining, and I am finished with it!

Apparently, If you are with me, you have made a decision or you wouldn't be here. You must have made a decision somewhere.

Mercedes, there is no mistake, I mean what I say. I am not reading you a Course in Miracles. I am demonstrating its truth. You can have anything you want. You are God.

Of course you can have anything you want. You are a little confused now, you are not sure what you want, but even in that confusion you are getting exactly what you want. I am here to show you that that is so. I am here to demonstrate to you that that is so, that you are getting exactly what you want.

I am trying to clarify your purpose here, before we get to today's lesson.

Can I ask you a question? What is it that you want? What do you want to come of this? How do you want this to end? Anyone?

I want it to end in happiness, is that ok? I want it to end in joy, in brotherhood, in love, is that ok?

Hey, I am making the decision, I am setting the terms, I am aligning those terms with reality, right now: Joy, perfect health...what is wrong with perfect health? Nothing!

What do you think?

Do you like the idea? I am trying to share an idea with you...what about the idea of perfect health, do you want to share that idea with me?

Oh but I am not worthy to be perfectly healthy....

I don't know what you are talking about. I thought I was the quarterback... I thought i was calling the plays.....

I say a world without sickness, a world without pain; Now you can pretend to be sick if you like, but I am not fooled. I am calling the shots here.....

When you say; I am sick... I don't believe you. Devil: get the behind me, you are not really sick. I

know who you are.

Go ahead, you can cough all you like, you still won't be sick.....

Do you understand? I am talking about the nature of consciousness!

Say to me: My Mind is All Powerful.

That is true, that is absolutely true; the mind is all powerful...

What is it that you want? Ohhhhhh, look out....

What is it that you want? Peace is a good one....do you want peace? Ok, it's yours.

Are you afraid of the power of your own mind? That is crazy... you don't have to be afraid. Your mind is all powerful....the world is an effect; You are the cause!

I am proud of you, you know how far have you come? I am very proud of you, good work, good work, good work!

Gabriela, did you see my painting at the creperie? What do you think? Is it any good?.... you know I trust your opinion. Is it working? I think so, I think it works.

I am not that good with technique, but my intention is aligned.

If my intention is good, it doesn't matter what I do, it will work! Did you hear me?

I love you guys, that is all I see when I look at you. I look at your intention. If your intention is true, then what you do will work!

I don't care what it looks like, it will work. Your mind is generating the outcome.

Are you afraid of looking at your intention with me?

I love you guys. You can't hide from me, I know exactly what you intend to do.

My suggestion is, if you are going to do it, do it in love....whatever you do, do it in love.

Does that mean I have to love what I do? No, but it means that you ARE what you are doing!

Did you hear that? What you are doing is what you are, there is no difference!

Jesus teaches it; having and being are the same thing.

Let's just read today's lesson, because there is a lot of light, and you may hear it.

Listen this is Jesus now, your savior:

Jesus, I am really glad that you are here with me, I don't think I could do this without You!

Lesson 98. I Will Accept My Part In God's Plan for Salvation.

to dar:

Is that why you wear that white hat? The good guys always wear a white hat. In American Westerns, who watches American westerns? In American westerns, the good guys always wear white hats. That is how you know they are good guys. You know what I am talking about...the bad guys always wear what color? Black. What is easier than black and white? Good guys, bad guys....ok. Look out, that is the end of your universe. Take off that sweater and you ...quasar! I love you. Dar loves battlestar because it is out there, in space. Thank you..

*Today is a day of special dedication. We take a stand on but one side today. We side with truth and let illusions go. We will not vacillate between the two, but take a firm position with the One. We dedicate ourselves to truth today, and to salvation as God planned it be. We will not argue it is something else. We will not seek for it where it is not. In gladness we accept it as it is, and take the part assigned to us by God.*

*How happy too be certain! All our doubts we lay aside today, and take our stand with certainty of purpose, and with thanks that doubt is gone and surety has come. We have a mighty purpose to*

*fulfill, and have been given everything we need with which to reach the goal. Not one mistake stands in our way. For we have been absolved from errors. All our sins are washed away by realizing they were but mistakes.*

*The guiltless have no fear, for they are safe and recognize their safety. They do not appeal to magic, nor invent escapes from fancied threats without reality. They rest in quiet certainty that they will do what is given them to do. They do not doubt their own ability because they know their function will be filled completely in the perfect time and place. They took the stand which we will take today, that we may share their certainty and thus increase it by accepting it ourselves. They will be with us; all who took the stand we take today will gladly offer us all that they learned and every gain they made. Those still uncertain, too, will join with us, and, borrowing our certainty, will make it stronger still. While those as yet unborn will hear the call we heard, and answer it when they have come to make their choice again. We do not choose but for ourselves today.*

*Is it not worth five minutes of your time each hour to be able to accept the happiness that God has given you? Is it not worth five minutes hourly to recognize your special function here? Is not five minutes but a small request to make in terms of gaining a reward so great it has no measure? You have made a thousand losing bargains at the least.*

*Here is an offer guaranteeing you your full release from pain of every kind, and joy the world does not contain. You can exchange a little of your time for peace of mind and certainty of purpose, with the promise of complete success. And since time has no meaning, you are being asked for nothing in return for everything. Here is a bargain that you cannot lose. And what you gain is limitless indeed!*

*Each hour today give Him your tiny gift of but five minutes. He will give the words you use in practicing today's idea the deep conviction and the certainty you lack. His words will join with yours, and make each repetition of today's idea a total dedication, made in in faith as perfect and as sure as His in you. His confidence in you will bring the light to all the words you say, and you will go beyond their sound to what they really mean. Today you practice with Him, as you say:*

*I will accept my part in God's plan for salvation.*

*In each five minutes that you spend with Him, He will accept your words and give them back to you all bright with faith and confidence so strong and steady they will light the world with hope and gladness. Do not lose on chance to be the glad receiver of His gifts, that you may give them to the world today.*

*Give Him the words, and He will do the rest. He will enable you to understand your special function. He will open up the way to happiness, and peace and trust will be His gifts; His answer to your words. He will respond with all His faith and joy and certainty that what you say is true. And you will have conviction then of Him Who knows the function that you have on earth as well as Heaven. He will be with you each practice period you share with Him, exchanging every instant of the time you offer Him for timelessness and peace*

*Throughout the hour, let your time be spent in happy preparation for the next five minutes you will spend again with Him. Repeat today's idea while you wait for the glad tie to come to you again. Repeat it often, and do not forget each time you do so, you have let your mind be readied for the happy time to come.*

*And when the hour goes and He is there once more to spend a little time with you, be thankful and lay down all earthly tasks, all little thoughts and limited ideas, and spend a happy time again with Him. Tell Him once more that you accept the part that He would have you take and help you fill,*

*and He will make sure you want this choice, which He has made with you and you with Him.*

Thanks guys..... that is enough for today, there is a lot of light.

Remember to breathe. This is revelation. Revelation in your approach to heaven, this is the frequency that you pass through, that is all! It is called revelation.

What is revelation? Everything is revealed to you as yourself. Ok? good... it is a frequency.....you look good. You look good...you are passing through the threshold.

It is all light. You are going to disappear in light. Is that ok? good, good.

This is the place where you make that decision, right here!

You will be back here again, and you will make the decision....yes, it is called the cycle.

What's happened, has happened before and will happen again. Yes.

What happened, has already happened, yes?

Dar, you know what is going to happen...of course you know... you are the cause of it.

Whatever is going to happen I am the cause of it and therefore I know what is going to happen.

Yes?

I am going back, and I will be only happiness, I will not associate with unhappiness!

That is a decision I am making out of time. What is going to prevent that from occurring?

Absolutely nothing! Nothing, only nothing will, and when I look at nothing, I see nothing, therefore I am not disturbed. I am not disturbed by nothing...I know what it is, it is nothing.

Now you got it. You are home free now, from where you are right there, you can skate your way home... nothing to it, it is easy!

Thank you, thank you for doing the work, bloody hell.

Did you get that little piece I sent you from "Faulty Towers"? You've got to see it, it is for you. It is from Nando, it is a gift from your friend Nando. It is a great piece... the joke you have been waiting for!

Ok you've got it!

Say to me: Unhappiness is a lie.

Good, now you can laugh with me. Ok, I am done.

You have some music? Anyone wants to entertain us for a moment, take us home?

Did everyone listen to True Love's piece on the face-book? You have to listen to it, it your assignment for today; listen to True love's song!

I love the way you guys love one another: Can you see Thierry and Gabriela?

At the top of the spiral, we are always changing places...did you hear what I just said?

The Old Man used to call it swapping heads.

What is swapping heads? At this frequency....here let's do it, we look at each other and we say, you are ready? "Who is Who"?

It is called the owl's teaching! He did all night long... right True love?

"Who is who, who is who....who is who?"

I love you so much! I will follow you anywhere. T, thank you, I love you guys so much!

We are home together, we are already home together... we are sharing little tricks we learned

in time. Yeah? It is exactly what we are doing.... We are already at home, saying; look what I picked up in time.... They call it a pi-an-o. Interesting...

They call it tee-pee. It is really interesting, look what I can do with it!  
Isn't that amazing? You are a creator, you are using thoughts...it is an incredible idea, incredible, absolutely true!

(T and Gabriella sing)

Wow, that is as pure an example of "the body is only an instrument" as I have ever seen.

Gabriela, thank you. Thanks guys, thank to each of you.

We are demonstrating that the body is only an instrument, to sing God's praise.

Yes, yes? Thank you children, good work!

Very nice...very nice, very nice. Thank you, thank you.

I am going to demonstrate that my body is an instrument of healing, of God realization. Yes? Ok, now it's been purified. Now whatever you do, using your body, will be on His behalf, and on Yours, which is the same.

I love you, thank you...it is a privilege to serve with you!

It is a fun group, everyone is here...you are all good guys, you are all wearing white hats!

It is called a halo, I think you call it. Everything translates just perfectly...they are just thoughts, they come from God.

You can make connections, all the connections in the universe. All thoughts are connecting. It is not difficult, a whole mind....

All thoughts are already connected, you find the connections...that is the joy of waking up; you find the connections, everything is connected, and it is good...

Alright...enough!

Why do I talk so much? I enjoy making connections, I like seeing the truth in everything...I like it it is fun! It is meant to be a form of enjoyment.

*All form is form of enjoyment.* That is a high teaching! I think that is the name of your session. It might as well be. That is why T. invented the piano..it is a form of enjoyment.

All form is a form of enjoyment and therefore unhappiness is a lie.

I am a pretty good teacher ...Dar, I am a good teacher, yes?

It's fun to be heard. Good.

That means I have to tinkle....and I really do.... Thanks guys!

I am about to have a tantric experience...forgive my indulgence!

Thank you!